

# WHS Athletics- Winter Sport Participation

In order to participate in a Winter Sport at WHS the following steps must be **completed between November 1<sup>st</sup> and November 18<sup>th</sup>, 2018**

*Please visit [www.westboroughk12.org](http://www.westboroughk12.org), click on "District Departments", then athletics to find all information, documents, and links needed to complete these steps.*

**Step 1:** Parents and students must read the WPS Student Athlete Handbook found on the Athletics Website.

**Step 2:** Parents and students must be take part in concussion education and opiate use/misuse education, please see the section below.

**Step 3:** Parents and students must register on line using Family ID between November 1<sup>st</sup> and November 18<sup>th</sup> 2018. By registering online, parents and students provide your consent to participate in athletics, your acknowledgement of our WPS Student Athlete Handbook, and your acknowledgement that you have been provided concussion education and opiate use/misuse materials.

**Step 4:** Hand in a current physical to the nurse. Do not assume a copy is on file. It is the student's responsibility to make sure one is handed in.

**\*\*Physicals are good for 13 months. Once a physical expires 13 months to the date it was completed, a student will be unable to participate until a new physical is turned in to the nurse and the AD is notified.\*\***

**Step 5:** All Athletes are required to take the ImPact Test (instructions found on the website). If you have already played a fall sport at WHS you DO NOT need to take ImPact again. We only require it once per school year.

**Step 6:** Attend the Winter Student Athlete/Parent Meeting. Date/Time- TBA

## **Step 7: Activity Fees**

Activity fees of \$200.00, family cap of \$600, will be billed after the first week of the regular season. Students with an outstanding balance from previous seasons will not be allowed to tryout or participate in a Winter sport. Please email our District Billing coordinator, Cheryl Bertone at [bertonec@westboroughk12.org](mailto:bertonec@westboroughk12.org) with questions or applications for financial assistance.

## **Dept. of Public Health Required Education:**

Based on Mass State Law, the DPH has regulated that all parents and student athletes be educated regarding the risks associated with concussions and opiate use/misuse. All educational materials can be found on the athletics website.

Students must complete annually one of the head injury safety training programs approved by the Department of Public Health.

